

Bev Facey Community High School Daily Bulletin September 12, 2018

GRADE 12 PARKING PASS: The list will be posted on the our bevfacey.ca website under students/parking tab. Please see Mrs Murphy to pick up YOUR parking pass at lunch, after school or on your spare. Not during class time please.

FACEY CROSSFIT

Coming this October, Bev Facey will be starting its first ever CrossFit Club. This club is for all those who want to experience the fitness and health benefits of CrossFit, This club is open to all grades and all staff. We will have our introductory meeting in the Wellness Centre on **Tuesday, September 25th @ 11:50.** For any question please see Mrs. Huisman or Mr. Taylor.

Spring Break Trip 2019 (** Date Change)

Love to travel... well here is your chance to explore Canada. This spring Bev Facey is hosting a trip to historic, Quebec City; Fashion capital of Canada, Montreal; Awe inspiring, Niagara Falls, our parliaments capital, Ottawa; and fun filled Toronto! All students are welcome to attend. The first meeting has been moved to Monday, September 17th in room 241 (Mr. Kowalchuk's Room) at lunch. We will be discussing pricing, dates and itinerary and signup will begin!

Interested in joining FLI? All interested students are welcome to join our next meeting in room 218 at 7:15 AM Wednesday Sept 12th. See Mr Curbelo or Ms Johnson if you have questions.

Interested in joining Facey Spectrum? Facey Spectrum is Bev Facey's Gender Sexuality Alliance (GSA), its meeting on Thursday, September 13 in room 136. Come and be a part of this safe and inclusive environment.

Cyber Defence: Meet every Monday at 3:30 in Rm 213.

CanHack 2018: Please see Ms Killoran for registration. Deadline in Sept 27th and you must be fully registered by this date.

Grade 11 and 12 - Norquest college will also be presenting on Friday september 21st during block on if you are interested.

All Students - Anyone interested in being a peer tutor please come see Mrs. Tattrie in student services.

Model UN: If you missed the informational meeting, please see Ms Johnson in room 159.

ATHLETICS:

CROSS COUNTRY: First meet of the season goes TODAY after school rain, snow, or shine. Please politely excuse yourself from block 4 at 3:00pm, get your gear, and meet in the cafeteria. Bus leaves at 3:15pm. Dress for the weather!

GOLF: Get your \$\$ and forms in to the office or see Mr. Kowalchuk or Mr. Pratt asap. Legends tournament is this Wednesday. There will be a brief meeting today at lunch in room 241 to determine hole assignments.

SWIM: This is a **NO CUT team!** New swimmers are always welcome! Next practice is Thursday, September 13th at 7 a.m. at Kinsmen Leisure Centre. Pick up your forms in the PE office if you haven't already done so. Please sign in to the Google Classroom for reminders. Code is **c46m9c**. Club swimmers - please speak to Mr. Glowinski (room 260) about participating with our team even if you are swimming with Cha club.

CHEER: Practice Thursday night at 7:30 in the Banner Gym.

ULTIMATE FRISBEE: Meeting at lunch on Thursday, September 13th in room 242. No cut team with no experience necessary.

BEV FACEY MENU FOR THE WEEK!

	Sept. 10	Sept. 11	Sept. 12	Sept. 13	Sept. 14
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup \$2.00	Baked Potato	Chicken Noodle	French Onion	Vegetable Barley	Cream of Mushroom
Entrée \$6.00	Bacon Wrapped Meat Loaf w/ mashed potato & vegetable	Perogies & Sausage w/ onions, bacon & vegetables	Butter Chicken w/ naan bread, rice & vegetable	Gourmet Burger w/ fixings & fries	Fish & Chips w/ coleslaw
Short Order \$5.00 *small side salad included		Beef Tacos	Clubhouse Sandwich		Panini Sandwich
Meal of the Day \$5.00		Poutine		Poutine	
Weekly Feature \$5.00	Pasta w/garlic toast	Chinese Food	Pasta w/garlic toast	Chinese Food	Pasta w/garlic toast
Daily Special \$4.00	Panini Sandwich	Calzones		Spicy Chicken Sandwich	Panini Sandwich
Fast Food \$3.00			Cheeseburger		Pizza
Build Your Own Meal \$5.00-\$7.00	Wrap/Salad Bowl/Tortilla Bowl Crispy Chicken Grilled Chicken Taco Beef				
Dessert \$0.75 - \$2.00	Lemon Loaf \$1.50	Brownies \$1.00	Chocolate Cake \$1.50	Strudel \$1.50	Assorted