

Single Session Therapy

Youth Ages 12-17

Mondays 12:30-4:30pm

This service offers single session, **Solution-Focused Therapy to youth and their families** who want to initiate change on a walk-in basis.

A therapist with the support of a team will talk about a specific issue and explore solutions.

Clients are welcome to return to the Single Session Clinic at any time.

Referral to other community services may be offered.

- ✓ **Walk-in-No appointment is needed**
- ✓ **First Come, First Serve!**
- ✓ **One-time Session Only**
- ✓ **Parent/Guardian required for younger teens ages 12-14**



**Northgate Health Centre
#2020, 9499 - 137 Avenue
Edmonton, AB**

Phone: 780.342.2710

For Information!

